

How to Develop a Strong and Courageous Heart

*“Wait for the Lord; be strong and take heart and wait for the Lord.”
Psalm 27:14 (NIV)*

We have to develop a strong and courageous heart so we will not faint, withdraw, or shy away. We must to sustain us in times of great trouble.

Psalm 27:1-14 offers 6 things we can do develop a strong and courageous heart.

1. Stress not on what can happen wrong. It’s not that bad! There are better things to do in life than obsessing what and how things could go wrong. Surely, some things bothered the psalmist.
 - a. V1) “The Lord is a fortress, protecting me from danger.”
 - b. V2) More so, his enemies can be so evil in heart
 - c. V5) “trouble comes
 - d. V11-12) Numerous enemies and foes surrounded David and they could attack him anytime. David’s life was under threat all day long. His life was exposed to danger of different kinds day and night.
 - e. V12) He was falsely accused of things that he had never done. He can hear from the grapevine that some people just wanted to hurt him.

Romans 8:36-39 “not because we are in trouble or stricken by calamity, perhaps persecuted or hungry or destitute or in danger or threatened with death or a terrible illness, it does not mean that God no longer loves us.

“Never lose hope – yes, keep on waiting for he will not disappoint you.”

2. Rejoice in what could happen in your favour. With God on his side, David already knew the end of his foes.

V2) when the wicked advance against to devour me, I will not be afraid because, they will stumble and fall.

v3) when army besieged me, and even, war break out against me, I will not be frightened. My heart will not fear. My disposition is unchanged. I will remain confident.

Why was David unmoved? All because David made the Lord his light and salvation, his refuge, his safe place (v1).

3. Draw inspiration from your past victories to keep your hope in the Lord. “Wait for and confidently expect the Lord; be strong and let your heart take courage; yes, wait for and confidently expect the Lord.” (AMP)

Example: David would never forget the historic victory that God gave him when he fought and killed Goliath at the age of 17 (1 Sam. 17:45-47).

4. Go after the main thing in this life (v4) “The one thing I ask of the Lord, the thing I seek most is to live in the house of the Lord all the days of my life, delighting in the Lord’s perfections and meditating in his temple.”

If there is one thing worth doing and pursuing in this life above all the other things we are doing. This is it!

5.Keep singing, keep praising, keep praying, keep your cry for help louder than your fears. In between the praises of David was a cry for help (v7-9).

“If God is for us, who can be against us.” (Rom. 8:31) Who are we to fear? “Not man indeed; for what can man do to us?” Not other gods, for they are nonentities. Not devils, for they can do nothing but by God’s permission. (Ps. 118:6)

6.Wait and keep waiting. (v14) And while waiting, put some of your perilous and persistent foes under your feet.