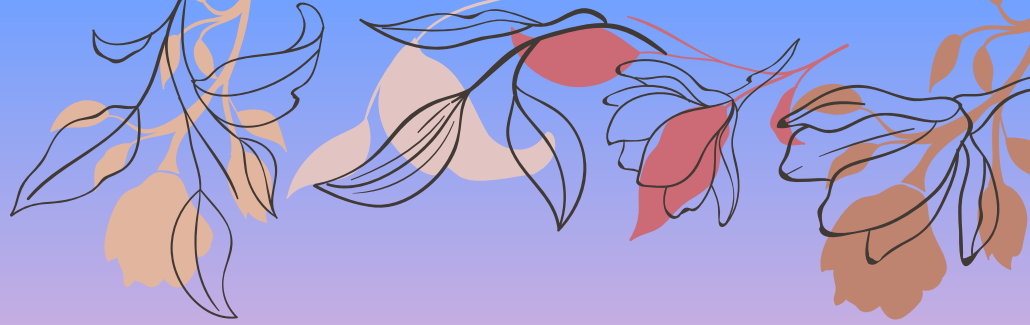
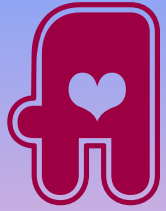


# Mother's Heart

3 John 1-4





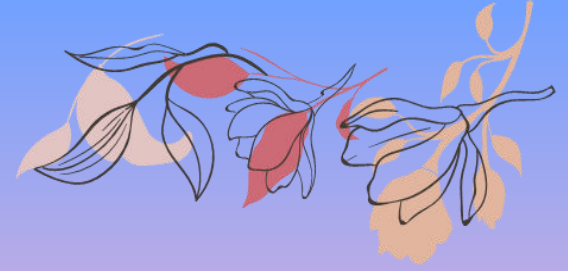
# Mother's Heart

3 John 1-4

# 3 John 1-4

**1) The elder, to my friend Gaius, whom I love in the truth. 2) Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well. 3) It gave me great joy when some believers came and testified about your faithfulness to the truth, telling how you continue to walk in it.**

# 3 John 1-4



**I have no greater joy  
than to hear that my  
children are walking  
in the truth.**

**5) Dear friend, you are faithful in what you are doing for the brothers and sisters, even though they are strangers to you. 6) They have told the church about your love. Please send them on their way in a manner that honors God. 7) It was for the sake of the Name that they went out, receiving no help from the pagans. 8) We ought therefore to show hospitality to such people so that we may work together for the truth.**

## **Galatians 3:26-28**

**26) For in Christ Jesus you are all children of God through faith. 27) As many of you as were baptized into Christ have clothed yourselves with Christ. 28) There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ.**

## **Joel 2:27-28/Acts 2:17-18**

**Then afterward I will pour out my spirit on all flesh; your sons and your daughters shall prophesy, your old men shall dream dreams and your young men shall see visions. Even on the male and female slaves, in those days, I will pour out my spirit.**



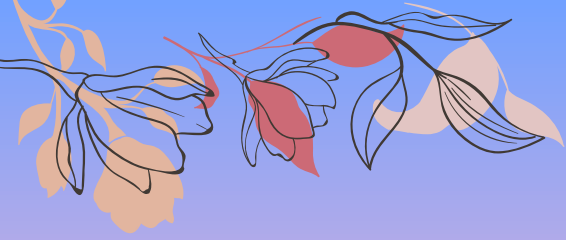
# *A Mother's Heart*

**1) Walk in good health (v2)**

**2) Walk in Truth/Light (v3)**

**3) Walk in love (v5-8)**

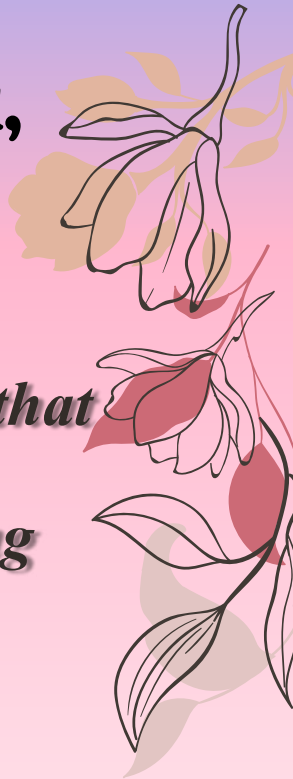




# *A Mother's Heart*

**1) Walk in good health – prosper in spirit, soul, and body (3 John 2)**

*“Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.”*



## **83% of death could have been prevented**

**Table 1.3**

Seven Lifestyle Characteristics that Effect Life Exectancy.

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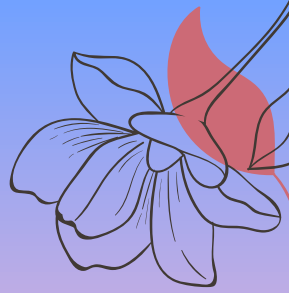
1. Exercise moderately.
2. Refrain from smoking.
3. East breakfast everyday.
4. Sleep seven to eight hours per night.
5. Maintain a normal, healthy body weight.
6. Eat three meals per day and avoid snacks.
7. Drink alcohol in moderation, or abstain completely.

**- Look after yourself well.**

- *Look after your soul/spirit well*

- **MEDITATE/SING/PRAY**

**(HEALTHY STRESS RELIEVER)**



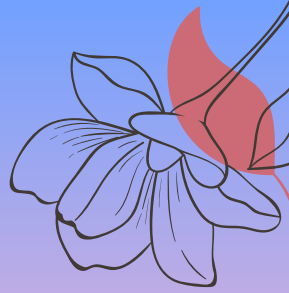
Colossians 3:16 “Let the word of God dwell in you richly, teaching and admonishing one another in all wisdom, singings psalms and hymns and spiritual songs, with thankfulness in your hearts to God.



- *Look after your soul/spirit well*

- **MEDITATE/SING/PRAY**

**(HEALTHY STRESS RELIEVER)**

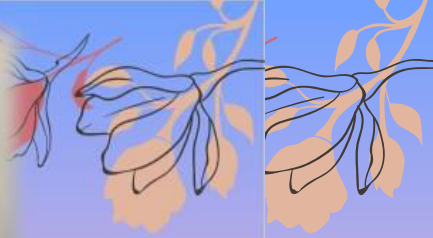


Colossians 3:16 “Let the word of God dwell in you richly, teaching and admonishing one another in all wisdom, singings psalms and hymns and spiritual songs, with thankfulness in your hearts to God.





**P  
R  
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Y**




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- 2) Walk in the Light/Truth with  
faithfulness (v3-4)

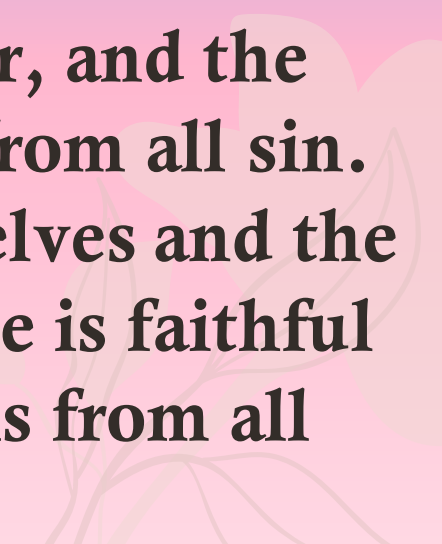


3 John 3 – It gave me great joy when some believers came and testified about your faithfulness to the truth, telling how you continue to walk in it. 4) I have no greater joy than to hear my children are walking in the truth.

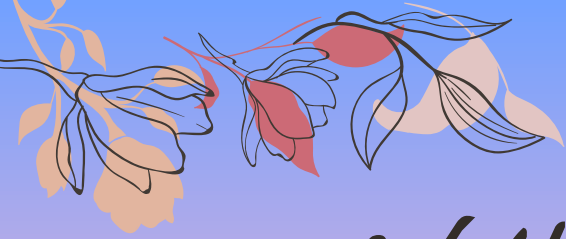




**This is the message which we have heard from Him and declare to you, that God is light and in Him is no darkness at all. If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth. But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin. If we say we have no sin, we deceive ourselves and the truth is not in us. If we confess our sins, He is faithful and just to forgive our sins and to cleanse us from all unrighteousness. - 1 John 1:1-9**







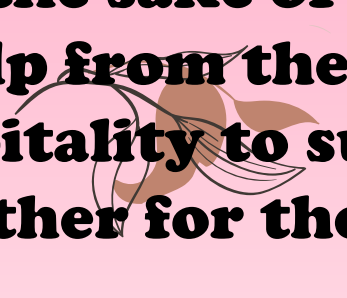
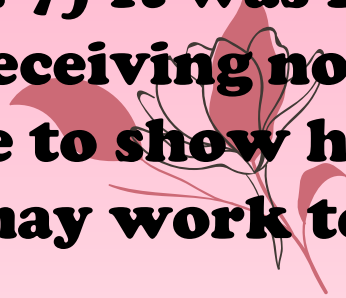
## *Walk in the Light/Truth*

- Be sensitive to the Spirit – confess
- Be wise and discerning. Treasure who you are and look forward to what He is up to in your life.
- Be faithful to Jesus. Do not deny Him wherever you are. (1 John 2:22-23)
- Be loyal to God. Do not commit spiritual adultery. He is your Husband/Maker (Isaiah 54:5)

### 3) Walk in love (vs. 5-8)



**5) Dear friend, you are faithful in what you are doing for the brothers and sisters, even though they are strangers to you. 6) They have told the church about your love. Please send them on their way in a manner that honors God. 7) It was for the sake of the Name that they went out, receiving no help from the pagans. 8) We ought therefore to show hospitality to such people so that we may work together for the truth.**

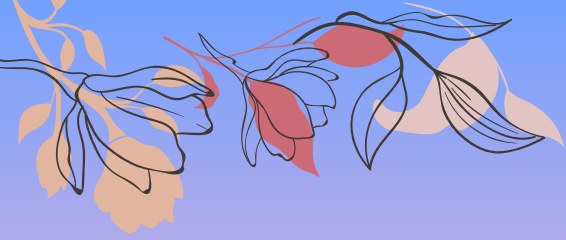


# Hebrews 13:1-3



**“Keep on loving one another as brothers and sisters. Do not forget to show hospitality to strangers, for by doing so some people have shown hospitality to angels without knowing it.”**






*How should we treat the mother of our children?*

- **With love and affection – (Ephesians 5:25-28)**



*How should we treat the mother of our children?*

- **With sensitivity – (1 Peter 3:7)**

- A: High value of a good wife (v. 10)
- B: Husband benefited by wife (vv. 11–12)
  - C: Wife works hard (vv. 13–19)
    - D: Wife gives to poor (v. 20)
      - E: No fear of snow (v. 21a)
        - F: Children clothed in scarlet (v. 21b)
          - G: Coverings for bed, wife wears linen (v. 22)
            - H: Public respect for husband (v. 23) 
            - G': Sells garments and sashes (v. 24)
            - F': Wife clothed in dignity (v. 25a)
            - E': No fear of future (v. 25b)
            - D': Wife speaks wisdom (v. 26)
            - C': Wife works hard (v. 27)
            - B': Husband and children praise wife (vv. 28–29)
            - A': High value of a good wife (vv. 30–31)



*Prov. 31:23 is the  
center*



Prov. 31:10-31 is not primarily about “this is the kind of wife you should be.” But primarily about, “this is the kind of wife you should get.”





*Prov. 31:23 is the  
center*



King Lemuel's primary objective was to instruct a young man (v1-2) "what kind of wife he should get and pray of marrying."

