



BEING  
content

Philippians 4:10-20

*HAPPINESS does not  
always BRING  
satisfaction or  
CONTENTMENT.*

*Being content is critical to experiencing joy in life. It is key to a happy life!*

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Philippians 4:10-20

How do you learn to be content?

## The Secret to Contentment:

1. (v11 & v13) is not found in what you have but in who you have.

‘Not that I was ever in need, for I have learned how to be content with whatever I have.’<sup>13</sup> I can do all this through him who gives me strength.

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# The Secret to Contentment:

**2. (v12) is accepting you have all you need right where you are.**

<sup>12</sup> I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

## The Secret to Contentment:

**3. (v19) is standing in faith that God will take care of everything you need.**

*“My God shall supply all my needs according to his riches and glory in Christ Jesus.”*