



DEFEATING TEMPTATIONS

1 Cor. 10:12-13



**All of us are subject
to temptation.**

1 Cor. 10:12-13



12) So, if you think you are standing firm, be careful that you don't fall.

13) No temptation has overtaken you except what is common to mankind. And God is faithful;



1 Cor. 10:12-13



he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.



**Temptation is not
a sin; falling into
temptation is!**

The word temptation and trial come from the same Greek “peirasmos;” yet they are two different things.

1 Cor. 10:12 (AMP)



Therefore let the one who thins he stands firm (immune to temptation, being overconfident and self-righteous), take care that he does not fall (into sin and condemnation).



Temptation come from:

a. Our old sinful nature

*Matthew 5:29-30 - If your right eye causes you to sin, pluck it out and cast it from you; for it is more profitable for you that one of your members perish than for your whole body to be cast into hell. **30** And if your right-hand causes you to sin, cut it off and cast it from you; for it is more profitable for you that one of your members perish than for your whole body to be cast into hell.*

Temptation come from:

b. From other people –

Proverbs 5:3–6 (3) For the lips of an immoral woman drip honey, And her mouth is smoother than oil; (4) But in the end she is bitter as wormwood, Sharp as a two-edged sword. (5) Her feet go down to death, Her steps lay hold of hell. (6) Lest you ponder her path of life— Her ways are unstable; You do not know them.

Temptation come from:

c. From the world

1 John 2:16 – “For all that is in the world – the lust of the flesh, the lust of the eyes, and the pride of life – is not of the Father but is of the world.”

Attractions that can lead to temptation

a. Money — 1 Tim 6:9-10

9 But those who desire to be rich fall into temptation and a snare, and into many foolish and harmful lusts which drown men in destruction and perdition. 10 For the love of money is a root of all kinds of evil, for which some have strayed from the faith in their greediness and pierced themselves through with many sorrows.

Attractions that can lead to temptation

b. Power — Deut. 8:17-18

17, then you say in your heart, 'My power and the might of my hand have gained me this wealth.' 18 "And you shall remember the LORD your God, for it is He who gives you power to get wealth, that He may establish His covenant which He swore to your fathers, as it is this day.

Attractions that can lead to temptation

c. Lust – Prov. 6:25

25 Do not lust after her beauty in your heart, Nor let her allure you with her eyelids.

Attractions that can lead to temptation

d. Pride — Prov. 11:2

2 When pride comes, then comes shame; But with the humble is wisdom.

*Prov. 11:2 – Too much pride will destroy you.
(CEV)*

How do we fall into temptation?

1) Desiring – 1 Cor 10:6

Now, these things occurred as examples for us so that we might not desire evil as they did.

How do we fall into temptation?

2) Sitting – 1 Cor. 10:7

7 Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play."

How do we fall into temptation?

3) Indulging – 1 Cor 10:8

8 We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day.

James 1:13-15 (AMP)

Let no one say when he is tempted, “I am being tempted by God” (for temptation does not originate from God, but from your own flaws; for God cannot be tempted by what is evil, and He himself tempts no one). But each one is tempted when he is dragged away, enticed, and baited to commit sin by his own worldly desires, lust, passion; then when the illicit desire is conceived, it gives birth to sin, and when sin has run its course, it gives birth to death.



What do we do to defeat temptations?

1) Faith – 1 John 5:4 ⁴ *For whatever is born of God overcomes the world. And this is the victory that has overcome the world—^[a]our faith.* ⁵ *Who is he who overcomes the world, but he who believes that Jesus is the Son of God?*

Heb 4:15–16 **15** *For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. 16 Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.*

What do we do to defeat temptations?

2) Flight — is the act of fleeing; the act of running away; hasty exit; departure

1 Cor. 6:18 *Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.*

What do we do to defeat temptations?

3) Fight –

Ephesians 6:17 ***Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God.***

Conclusion



If you think you are standing firm, be careful that you don't fall. We will all be tempted, just a matter of time. Decide to defeat them while it is still miles away from you. God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide a way out so that you can endure it. Arm yourself with faith. Flight, and fight!



Prayer of Faith and Surrender:

Jesus, I come to you in faith. I thank you for the cross. I confess that I am a sinner. I repent of my sins and ask you to forgive me. Jesus, I confess that you are Lord. Come into my life. Fill me with the Holy Spirit. I surrender to your will from this day forward. Thank you for restoring me to Your original intent for my life. You are my Saviour, my Healer, my Baptizer of the Holy Spirit, and my Coming King. Amen!

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