

Matthew 6:5-15

### 1. Prayer According to Word / Will of God

One of the requests of the Disciples to the Lord Jesus, when He was with them was on how to pray.

### Jesus Teaches about Prayer

- 1 One day, as Jesus was in prayer, one of his disciples came over to him as he finished and said,
- "Would you teach us a model
- prayer that we can pray, just as John did
  for his disciples?"

### Jesus Teaches about Prayer

<sup>2</sup>So Jesus taught them this prayer:
"Our heavenly Father, may the glory of your name be the centre on which our life turns.



### Jesus Teaches about Prayer

May your Holy Spirit come upon us and cleanse us. Manifest your kingdom on earth.

3 And give us our needed bread for the coming day.

### Jesus Teaches about Prayer

<sup>4</sup> Forgive our sins as we ourselves release forgiveness to those who have wronged us. And rescue us every time we face tribulations."





# What PRAYER isn't?

# Prayer is a Conversation, not just a shopping list

- We pray not to publicly get praise for how long or loud we pray.



# What PRAYER isn't?

- It is not how many times you mentioned "In Jesus Name" or "Father God".
  - Prayer is not repeating the same prayer over and over in monotony.

#### **Matthew 6:5-15**

<sup>5</sup> "And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full.

#### **Matthew 6:5-15**

<sup>6</sup> But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.



#### **Matthew 6:5-15**

<sup>7</sup> And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words.



#### **Matthew 6:5-15**

<sup>8</sup> Do not be like them, for your Father knows what you need before you ask him.



#### **Matthew 6:5-15**

9 "This, then, is how you should pray: "'Our Father in heaven, hallowed be your name, <sup>10</sup> your kingdom come, your will be done, on earth as it is in heaven.

#### **Matthew 6:5-15**

- <sup>11</sup> Give us today our daily bread.
- <sup>12</sup> And forgive us our debts, as we also have forgiven our debtors.
- <sup>13</sup> And lead us not into temptation, but deliver us from the evil one.'

#### **Matthew 6:5-15**

- 14 For if you forgive other people when they sin against you, your heavenly Father will also forgive you.
- <sup>15</sup> But if you do not forgive others their sins, your Father will not forgive your sins.

- 2. Deepest prayer is prayer in your prayer closet (our secret place).
- Prayer is a conversation with God, the best prayers are done alone with God, in your room, or in a quiet place, garden, or on a hill, or prayer mountain.

# 2. Deepest prayer is prayer in your prayer closet (our secret place).

- Jesus often went to a secluded place, or up on a mountain top to pray, sometimes alone, sometimes with a few disciples.

# 2. Deepest prayer is prayer in your prayer closet (our secret place).

"But Jesus Himself would often slip away to the wilderness and pray [in seclusion]."

### 3. The MODEL Prayer – The Lord's Prayer

#### Hebrews 5:7

"During the days of Jesus' life on earth, he offered up prayers and petitions with fervent cries and tears to the one who could save him from death, and he was heard because of his reverent submission."

#### A) Start with Adoration / Praise

Jesus starts the model prayer with acknowledgement, love, respect and submission to The Father and His will.

"This, then, is how you should pray:

"Our Father in heaven,
hallowed be your name"

#### **KNOWING GOD BY NAME**

In the Old Testament Moses asked G\_D what His name was G\_D gave the Title "I Am"

#### **Exodus 3:13-14 MEV**

"Moses said to God,

"I am going to the children of Israel and will say to them, 'The God of your fathers has sent me to you.'

#### **KNOWING GOD BY NAME**

When they say to me, 'What is His name?' what shall I say to them?" And God said to Moses, "I am who I am," and He said, "You will say this to the children of Israel, 'I am has sent me to you.'""

The Israelites, still to this day, don't refer to him by His name, YHVH, Yahweh/Jehovah.

### A) Start with Adoration / Praise Jesus Is the "I Am"

John 8:58

"Very truly I tell you,' Jesus answered, 'before Abraham was born, I am!'"

We know God as Our Father, The LORD, etc... but God wants to know and use the Name Jesus/Emanuel (God with Us)

#### A) Start with Adoration / Praise

#### Philippians 2:9-10

"...God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth,

#### **B) Surrender in Prayer**

Secondly - surrender to God, lay down your pride and submit to his will.

Matthew 6:10

"Your kingdom come, Your will be done, on earth as it is in heaven.

#### **B) Surrender in Prayer**

Jesus, prayed in submission to the Father's will, even just before His crucifixion.

#### Luke 22:42

"Father, if you are willing, take this cup from me; yet not my will, but yours be done."

### B) Surrender in Prayer

"Submit therefore to God, resist the devil, and he (the devil) will flee from you"

## C) Present your requests to God, tell Him your needs.

It is not wrong to ask God to provide for you.

Matthew 6:11

"Give us today our daily bread."

Do not be like them, for your Father knows what you need before you ask him.

## C) Present your requests to God, tell Him your needs.

We do need to ask for the right reasons, and not just ask God for things you want.

#### 1 John 5:14-16 NIV

"This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us.

And if we know that he hears us — whatever we ask — we know that we have what we asked of him."

### C) Present your requests to God, tell Him your needs.

Our wants are not our needs – sometimes we get confused.

#### James 4:3 NIV

"When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures."

Matthew 6:12

And forgive us our debts, as we also have forgiven our debtors.

Matthew 6:14

For if you forgive other people when they sin against you, your heavenly Father will also forgive you.

Matthew 6:15

But if you do not forgive others their sins, your Father will not forgive your sins.

You may know the verse of the prayer as sins, trespasses, or debts.

- Trespasses is an interesting word, it is when you go illegally onto the property of someone else.

- We have no legal right to invade another's property, or hurt another person.
- That's what sin does to God and others.
  - Confession and forgiveness are key.

#### 1 John 1:8-10 NIV

"If we claim to be without sin, we deceive ourselves and the truth is not in us.

1 John 1:8-10 NIV

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 

#### 1 John 1:8-10 NIV

If we claim we have not sinned, we make him out to be a liar and his word is not in us."

### E) Ask for Protection from Evil.



"And lead us not into temptation, but deliver us from the evil one."

- Jesus knows what it is to be weakened by exhaustion and hunger, to be tempted, taken by the Holy Spirit to a place where he would be tested.

## E) Ask for Protection from Evil.

- You will be tested, trials will come, tests will repeat till you pass them. God wants to help you pass, Jesus is your Instructor/Tutor and Adviser for the test, your Coach for the game.
  - You will not be tempted or tested beyond what you can bear.

## E) Ask for Protection from Evil.

#### 1 Corinthians 10:13 NET

"No trial has overtaken you that is not faced by others.

And God is faithful: He will not let you be tried beyond what you are able to bear, but with the trial will also provide a way out so that you may be able to endure it."

# 4) The Prayer of Faith touches the Heart of God.

James 5:13-16

"Is anyone among you in trouble? Let them pray.

Is anyone happy?

Let them sing songs of praise. Is anyone among you sick?

# 4) The Prayer of Faith touches the Heart of God. James 5:13-16

Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord.

And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven.

# 4) The Prayer of Faith touches the Heart of God.

James 5:13-16

Therefore confess your sins to each other and pray for each other so that you may be healed.

The prayer of a righteous person is powerful and effective."

## It takes faith to believe in God.

#### Hebrews 11:1, 6

"Now faith is confidence in what we hope for and assurance about what we do not see. And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him."

# It takes faith to believe in God.

- Is God greater than your trials and circumstances?

## It takes faith to believe in God.

#### James 1:2-4

"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance.

Let perseverance finish its work so that you may be mature and complete, not lacking anything."

### 1 Chronicles 4:9-10

"Jabez was more honourable than his The Prayer brothers.

His mother had named him Jabez, saying,

'I gave birth to him in pain.'

Jabez cried out to the God of Israel, 'Oh, that you would bless me and enlarge my territory!

Let your hand be with me, and keep me from harm so that I will be free from pain.'

And God granted his request."

# The Prayer of Jabez



- Your mum names you "Pain".
- You and I are not alone if sometimes we feel like this.
- I'm reminded of the lyrics to the song by The Rembrandts, used for the series "Friends".
- 'It's like you're always stuck in second gear.
- When it hasn't been your day, your week, your month
  Or even your year'.

# Have you ever felt like Jabez?



## Prayer of the thief on the cross.

#### Luke 23:42-43 NIV

"Then he said,

'Jesus, remember me when you come into your kingdom.'

Jesus answered him, 'Truly I tell you, today you will be with me in paradise.'

## Prayer of the thief on the cross.

### Hebrews 4:16 NIV

"Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need."

When you don't know what to pray in English / Spanish / Tagalog / Visaya or any language you know how to speak.

#### Acts of the Apostles 19:2-6 CEB

"He Paul asked them,

"Did you receive the Holy Spirit when you came to believe?" They replied,

"We've not even heard that there is a Holy Spirit." Then he said, "What baptism did you receive, then?"

They answered, "John's baptism."

#### Acts of the Apostles 19:2-6 CEB

Paul explained,

"John baptized with a baptism by which people showed they were changing their hearts and lives. It was a baptism that told people about the one who was coming after him.

This is the one in whom they were to believe.

This one is Jesus."

# Acts of the Apostles 19:2-6 CEB

After they listened to Paul, they were baptized in the name of the Lord Jesus. When Paul placed his hands on them, the Holy Spirit came on them, and they began speaking in other languages and prophesying."

# **Baptism of the Holy Spirit**

- We can likewise ask and expect Jesus to baptise us with the Holy Spirit and fire, and ask for the gift of speaking in other tongues and prophesying.

# **Baptism of the Holy Spirit**

#### **Romans 8:26**

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.

# **Baptism of the Holy Spirit**

#### 1 Corinthians 14:15

So what shall I do? I will pray with my spirit, but I will also pray with my understanding; I will sing with my spirit, but I will also sing with my understanding.

# Tongues is a Gift of the Spirit

#### Mark 16:17

"And these signs will accompany those who believe: in my name they will ... speak in new tongues;"

# Tongues is a Gift of the Spirit

#### 1 Corinthians 14:4, 14-15

"Anyone who speaks in a tongue edifies themselves, but the one who prophesies edifies the church. For if I pray in a tongue, my spirit prays, but my mind is unfruitful. So what shall I do? I will pray with my spirit, but I will also pray with my understanding; I will sing with my spirit, but I will also sing with my understanding."

# 6) Prayer and Fasting for Deliverance

Mark 9:29

'So He said to them, "This kind can come out by nothing but prayer and fasting."

# 6) Prayer and Fasting for Deliverance

#### 2 Corinthians 10:3-5

<sup>3</sup> For though we live in the world, we do not wage war as the world does. 4 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. <sup>5</sup> We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

# 7) Prayer of Humility and Repentance

Don't forget to keep clear accounts with God and man.

1 John 1:8-9

"If we claim to be without sin, we deceive ourselves

# 7) Prayer of Humility and Repentance

#### **Romans 12:18**

"If it is possible, as far as it depends on you, live at peace with everyone."

#### Romans 13:8 ESV

"Owe no one anything, except to love each other, for the one who loves another has fulfilled the law."

 Have you repented and been baptised for the remission of sins?

#### **Acts 2:38**

"...'Repent and be baptised, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit."

- Have you received Jesus as your Lord and Saviour?

Do you have the assurance of Salvation, if you were to pass into eternity tonight?

#### John 3:16-18

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him.

Whoever believes in him is not condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son."

So let me ask, do you know this Great God, our Heavenly Father?

#### John 1:12-13 NIV

"Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God – children born not of natural descent, nor of human decision or a husband's will, but born of God."

Are you a child of God? Have you been born again?

**John 3:3** 

"Jesus replied, 'Very truly I tell you, no-one can see the kingdom of God unless they are born again."

Dear God, I need You. I am humbly calling out to You. I'm tired of doing things my way. Help me to start doing things your way.

I invite You into my life to be my Lord and Saviour.



Fill the emptiness in me with Your Holy Spirit and make me whole. Lord, help me to trust You, help me to love You, help me to live for You, help me to understand Your Grace, Your Mercy, and Your Peace. Thank You, Lord. Amen.