



Daniel Fast 2026

Devotional · Week 2

For more info, visit clg.org.au/daniel-fast



2026

Our focus in 2026 is that we go deeper into the Word, Worship, Warship (warfare), and Warmth (community/fellowship).

Scripture teaches us, even exhorts us, to pray with unshakable belief, to open our ears and hear the promises of God, and invite them to dwell deep in our hearts.

May you continue to anchor your trust in His assurances, knowing that God is always true to His Word. Only then do we pray in ways that abandon ourselves and our cares to God's loving goodness and divine purposes. May we earnestly desire this for ourselves and the people we are knit together with in God's family.

Passing the Flame

Days 08 – 14

The more our faith and relationship with God grow through prayer, the more we see the world the way He does. Faith leads us to share God's love and grace with those around us.

Over the next week of intentional prayer, we will discover how God might be using us to pass the flame, enabling every generation to complete their God-given call and mission.

FASTING TIPS

¹⁷ **But when you fast, put oil on your head and wash your face,** ¹⁸ **so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you. (Matthew 6:17-18)**

1. **SEEK** medical advice. Make sure you are medically fit to fast.
2. **PRAY** – Spiritual fasting is always a discipline directed toward God. Therefore, PRAY! Make a commitment and set yourself apart for your fast period to diligently seek the Lord and experience His presence as never before.
3. **FOCUS ON YOUR GOAL** – STICK with your goal on why you fast; what you want to achieve on top of CLG's goal for the fast. Is it direction you need? Or is it healing, restoration of marriage or family issues, financial breakthrough, seeking employment, or facing severe financial struggles or need deliverance to a certain kind of addiction or bondage. "However, this kind does not go out except by prayer and fasting." Matthew 17:21
4. **SHOP** for everything you need the day before the fast. You are most likely to succeed if you have your Daniel Fast food within your reach each time you need to refuel yourself.
5. **SANCTIFY THE TIME** - Set a time to be with God. If this is your first time, 20 minutes or ½ an hour is a good start. If you can, 1 hour would be great too. Have a notebook, pen and Bible handy. Write God's insight and revelation to you. Write! Write! And Write! You'll be amazed how much God wants to talk to you. The focus is not on 'Not Eating Food' - The focus is 'Spending Time With God'. Find a quiet place with NO distractions. Turn off your mobile phone AND keep away from TV when you are with God.
6. **READ AND FEAST ON THE WORD OF GOD.** Listen to Christian music – Praise and Worship. Follow this daily devotional, petition, and intercede. End the week with a prayer of declaration contained herein
7. **DRINK** plenty of water.

FAITH THAT STRENGTHENS OTHERS

22 March · Day 08

Jesus intercedes for us, and we're called to do the same. Real faith is shared—it strengthens others. Prayer is both personal and communal.

TODAY'S SCRIPTURE READING

And so, dear brothers and sisters, we can boldly enter heaven's Most Holy Place because of the blood of Jesus. By His death, Jesus opened a new and life-giving way through the curtain into the Most Holy Place. And since we have a great High Priest who rules over God's house, let us go right into the presence of God with sincere hearts fully trusting Him. For our guilty consciences have been sprinkled with Christ's blood to make us clean, and our bodies have been washed with pure water. Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep His promise. Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of His return is drawing near.
—Hebrews 10:19-25 (NLT)

Additional Scripture: John 17:20-23; Luke 22:24-32; Matthew 18:19-20

REFLECT ON THE WORD

Jesus made the way for us to be adopted as sons and daughters of God. His sacrifice continues to allow us to rest boldly and unashamedly in the presence of the Father. When we are secure in God's love through spending time in His presence, we are able to lift our eyes from our own cares, worries and problems and pass the flame of the love of God to those around us.

Then, we are not just equipped, but are also commissioned to turn outward, away from our own self-preoccupation, to look for opportunities to encourage one another on toward love and good works.

Having been released from a life of competition and comparison, we are free in Christ to live a life marked by service to the people around us. Humility—birthed from the security of identity— makes way for the unity Jesus prayed for.

Our confidence in our Great High Priest interceding for us enables us to stand with those around us with faith and love. It produces the ability to pray prayers for the victory of others when there appears to be little advantage to us.

It is this others-focused way of living that allows us to impart the fruit of our faith and assurance, the same way Jesus has imparted His glory to us. We are called to give up our lives for our brothers and sisters in Christ in the same way that Jesus did. We are to seek the betterment of others over ourselves. Only then can we truly be one (John 17:22).

PRAYER + CONTEMPLATION

1. Read Luke 22:24-32. Ask the Holy Spirit to highlight any area of your life where you are competing for greatness in the kingdom rather than abiding in your identity as a servant in the kingdom of God.
2. Pray with repentance over any lack of unity in your life that is the result of a lack of humility. Ask the Holy Spirit to embolden you to seek restoration in any relationship that has been broken by pride.
3. Take some time to intercede for CLG Sydney, Manila and Camarin in the same way Christ has committed to intercede for you. As you intercede, begin to name those whom God drops in your spirit to intercede for.

NOTES + REFLECTION



FAITH THAT EXPRESSES ITSELF THROUGH LOVE

23 March · Day 09

Love is the visible fruit of invisible faith. Passing on our faith means letting it shape our relationships and actions in tangible, loving ways.

TODAY'S SCRIPTURE READING

You who are trying to be justified by the law have been alienated from Christ; you have fallen away from grace. For through the Spirit we eagerly await by faith the righteousness for which we hope. For in Christ Jesus neither circumcision nor uncircumcision has any value. The only thing that counts is faith expressing itself through love... You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. For the entire law is fulfilled in keeping this one command: "Love your neighbor as yourself." If you bite and devour each other, watch out or you will be destroyed by each other. —Galatians 5:4-6; 13-15 (NIV)

Additional Scripture: 1 Corinthians 13:1-10

REFLECT ON THE WORD

What if the measure of success when it comes to our spirituality isn't what we think? What if Jesus is less concerned with our full sanctuaries, weekly religious practices, eloquent sermons and the songs we sing in worship? What if He is more concerned with our ability to love the people He has called us to serve?

In Galatians 5, Paul tears down an argument about the legalities of religious practice and replaces it with a charge to humbly serve—motivated by love. In 1 Corinthians 13, Paul holds up love as the standard of substance. If one possesses great speech, the ability to preach the Word with power, great faith or even the ability to sacrifice all for the sake of the gospel, but is not motivated by love, he has nothing to show for all his toil.

Why is love so important to the life of the believer? Perhaps we catch a glimpse of the answer in 1 Corinthians 13:8-10. While gifts such as prophecy, tongues and

knowledge are for our edification and benefit in our time here on Earth, they will cease in the completion of all things in eternity.

But love? Love lasts beyond our temporary assignment into the fullness of the kingdom of heaven. After all, it was love that purchased our place in that kingdom and that compels us to invite others into the family of God.

"But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved" (Ephesians 2:4-5, NIV).

PRAYER + CONTEMPLATION

1. Reflect on the early moments of your life in Christ when you were glimpsing for the very first time the love that Christ had poured out on you. Ask the Holy Spirit to stir up that same love in your heart for the people around you.
2. Thank God for His love for you, poured out without measure, and take a moment to repent for the times you have withheld that great love from those around you who feel hard to love.
3. Ask the Holy Spirit to search your heart and to produce the fruit that is in alignment with 1 Corinthians 13:4-7 as you submit to His instruction and counsel in your life.

NOTES + REFLECTION



FAITH THAT MOVES TO ACTION

24 March · Day 10

Living faith is active. It doesn't just believe—it responds. Passing on faith requires visible obedience that others can see and follow.

TODAY'S SCRIPTURE READING

What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them? Suppose a brother or a sister is without clothes and daily food. If one of you says to them, "Go in peace; keep warm and well fed," but does nothing about their physical needs, what good is it? In the same way, faith by itself, if it is not accompanied by action, is dead."

—James 2:14-17 (NIV)

This is how we know what love is: Jesus Christ laid down His life for us. And we ought to lay down our lives for our brothers and sisters. If anyone has material possessions and sees a brother or sister in need but has no pity on them, how can the love of God be in that person? Dear children, let us not love with words or speech but with actions and in truth.

—1 John 3:16-18 (NIV)

REFLECT ON THE WORD

Upon reading James 2:14-17, the question that comes to mind is this: "What about our religion allows us to feel satisfied by our words without our works?" The question has to be asked using the word "religion," because we surely could not insert the word "discipleship" here. While there may be religion that relies heavily on feel-good phrasing and ignores the day-to-day living in the way of Jesus, there is certainly no discipleship without action.

Jesus said in John 10:10: "But I have come that they may have life and have it abundantly." Aren't we grateful that His promise of abundant life didn't end with His words in John 10, but was backed up by the act of his death and resurrection? In John 13, Jesus finishes washing His disciples' feet and then says: "I have set you an example that you should do as I have done for you. Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him.

Now that you know these things, you will be blessed if you do them." So, if true discipleship is the imitation of the way of Jesus, and the way of Jesus is that the Word himself puts on flesh and bone (John 1:14) and comes to serve and give His life as a ransom for many (Matthew 20:28), let us too put substance to the things we speak. Let us put bone and flesh to the call of 1 John 3, to love with our actions and in truth—that our words would reflect the reality of our transformation in Christ.

PRAYER + CONTEMPLATION

1. Take a moment to thank Jesus for His willingness to lay Himself down for you and ask the Holy Spirit to highlight how you might lay your life down for others today.
2. It is often easier to pronounce a blessing than to be a blessing for those around us. Prayerfully reflect on a situation in which you have been given the ability to meet a need and write down how you will put action to your faith in this area.
3. Ask the Lord to give you greater compassion and empathy for those around you who are in need. May you be compelled to love them in a way that will reflect for them the love of God.
4. Ask the Lord to help CLG put their faith into action, by being actively involved in initiatives that shares the love of Christ, including Street Evangelism and Outreach activities.

NOTES + REFLECTION



FAITH THAT FULFILLS ITS GOD-GIVEN PURPOSE

25 March · Day 11

Faith is a gift, but it also calls us to a mission. One of the best ways to pass on faith is to walk in the good works God designed for us.

TODAY'S SCRIPTURE READING

For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others. We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.

—Romans 12:3-8 (NIV)

Additional Scripture: 2 Timothy 1:6-10; Psalm 139:13-16; Ephesians 2:4-10

REFLECT ON THE WORD

A spark has two possible ends—to suddenly make itself known in a burst of light and then diminish completely, or to meet with something flammable and be ignited into something much greater than itself.

As children of God and recipients of the Holy Spirit, we all have two similar paths to choose from. When the Holy Spirit places a spark on the inside of us in the form of a gifting paired with a kingdom purpose, we will either light up at the initial excitement of all the possibilities and then fizzle out as we fail to make contact with anything outside of ourselves, or we will be people who recognize that the purpose of our giftings and our passions is to light up the world around us, and we will touch our flame to anything that might catch fire.

In 2 Timothy 1:6-10, Paul urges Timothy to “fan into flame the gift of God,” not being timid or ashamed of the message of Christ, but demonstrating a life of power, love

and soundness of mind to the people around him.

In Romans 12, Paul makes it sound so simple when he boils it down to this: “Do you have the gift of prophecy? Prophesy! Are you able to serve? Serve! Is your gifting the ability to teach or encourage or give? Teach! Encourage! Give!”

Whatever we have, let’s pour it out without reservation on the world around us. As we do, we will find that our giftings never fizzle out, and our spark is never diminished, but rather that we are burning stronger and brighter than we ever could have on our own.

PRAYER + CONTEMPLATION

1. Reflect on the giftings that God has given you and how they align with the purpose that He has placed on your life.
2. Ask the Holy Spirit to highlight any of your giftings that you have been holding onto for yourself out of timidity or an inclination toward self-preservation.
3. Commit your giftings and your passions to the Lord. Offer yourself to Him again as a living sacrifice, ready to pour yourself out for the sake of the world around you.
4. As the Lord of the harvest for more workers, who will rise to the call, and faithfully serve wherever the Lord leads them.

NOTES + REFLECTION



FAITH THAT LEAVES A LEGACY

26 March · Day 12

Faith, hope and love leave a lasting legacy. Passing on faith means modeling a life where love and hope make faith real and lasting.

TODAY'S SCRIPTURE READING

You then, my son, be strong in the grace that is in Christ Jesus. And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others. Join with me in suffering, like a good soldier of Christ Jesus. No one serving as a soldier gets entangled in civilian affairs, but rather tries to please his commanding officer. Similarly, anyone who competes as an athlete does not receive the victor's crown except by competing according to the rules. The hardworking farmer should be the first to receive a share of the crops. Reflect on what I am saying, for the Lord will give you insight into all this.

—2 Timothy 2:1-7 (NIV)

Additional Scripture: 1 Corinthians 13:8-13; 2 Timothy 3:10-17

REFLECT ON THE WORD

In 2 Timothy 2:1-7, Paul commissions Timothy for the ministry ahead of him. He calls Timothy his son, implying that his legacy of a life sold out to the gospel would be passed to his son in the faith. Paul gives Timothy two imperatives followed by three paradigms for the life of a minister on mission—that is, anyone who is called by God to share the Good News.

The first imperative is that Timothy must impart to others the truths he has learned—teaching those who might themselves teach, that the kingdom of God may multiply. The second imperative is that Timothy must embrace the suffering that comes with a life on mission, joining in the challenges that are part and parcel of being a sold-out believer, counting the cost of effective ministry

The three paradigms that follow give Timothy (and us) a framework for a life that strives for one reward, to hear “well done.” The paradigms are as follows:

1. The life of the minister is the life of a soldier—selling out to the mission of Jesus, so we remain undistracted by the things of this world.

2. The life of the minister is the life of an athlete—dedicated to our craft as is made apparent in our discipline, lifestyle and training.
3. The life of the minister is the life of a farmer—both hands on the plow, never forgetting that there is a harvest to be had if we don't stop tending the field.

PRAYER + CONTEMPLATION

1. In 2 Timothy 2:7, Paul encourages Timothy to reflect on his words so that he may understand what Paul is commissioning him to do. Reflect on what it means in your own life to be a teacher of the Word, a soldier for the kingdom and a worker of the harvest
2. Ask the Holy Spirit to highlight specific people in your life to whom you can impart what has been imparted to you about the kingdom of heaven
3. Ask the Holy Spirit to renew your missional focus, that you may be like a soldier—undistracted by the things of the world and fully submitted to the mission of Jesus
4. Pray for all CLG Pastors and leaders, that they never grow tired and weary, but instead be renewed with fresh oil and fresh vision. Pray that they be strengthened in faith, unity and in love.
5. Pray for God's appointed local Pastors in CLG Manila and Camarin, and more workers who will serve in humility and faithfully.

NOTES + REFLECTION



FAITH THAT ACTS AS A SHIELD AND BANNER

27 March · Day 13

Faith defends us—but it also inspires courage in others. When we carry our shield, we strengthen the faith of those beside us in the battle.

TODAY’S SCRIPTURE READING

Finally, be strong in the Lord and in the strength of His might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace.

In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God.

—Ephesians 6:10-17 (ESV)

Additional Scripture: Psalm 28:6-9

REFLECT ON THE WORD

Passing the flame requires more than words—it demands a faith that is visible, firm and active. Faith is not only a personal refuge; it is also a legacy that strengthens and encourages those who come after us.

Paul exhorts us to “take up the shield of faith” as an essential part of God’s armor. This shield not only protects us but extinguishes the flaming arrows of the enemy: fear, doubt, deception and despair.

Faith is not lived in isolation. Like soldiers advancing with aligned shields, our faith strengthens others when we stand firm together. A raised shield becomes a banner that inspires those who watch.

David proclaimed, “The Lord is my strength and my shield ... the strength of His people” (Psalm 28:7-8, NIV). David’s trust in God was not merely personal—it was a collective declaration that sustained an entire people.

When we walk in faith amid adversity, we raise a lit torch that lights the path for others. Our faithfulness becomes a living sign that God is trustworthy, and our perseverance encourages others to stand firm.

May our faith not only defend us, but burn brightly—like a flame others can see, follow and ignite in their own lives. May we faithfully pass that flame on to future generations.

PRAYER + CONTEMPLATION

1. Spend a moment pondering how faith has acted as a shield in your life. Think through how the faith of others has acted as a banner, drawing you to deeper faith.
2. Read through Ephesians 6:10-17 again. Ask God to help you put on each of the pieces of the armor of God, so that you will be equipped to fight against the schemes of the enemy.
3. Pray for CLG Sydney, Manila and Camarin, that their faith would act as a shield for them and a banner for the world.

NOTES + REFLECTION



FAITH THAT INSPIRES

28 March · Day 14

Faith isn't just what we believe—it's how we live. When we live by faith, we give others a model and invitation to follow.

TODAY'S SCRIPTURE READING

Keep on loving one another as brothers and sisters. Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it. Continue to remember those in prison as if you were together with them in prison, and those who are mistreated as if you yourselves were suffering. Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral. Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you." So we say with confidence, "The Lord is my helper; I will not be afraid. What can mere mortals do to me?" Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith. Jesus Christ is the same yesterday and today and forever.
—Hebrews 13:1-8 (NIV)

Additional Scripture: 1 Timothy 4:8-12; Romans 1:16-17; 2 Timothy 1:3-8

REFLECT ON THE WORD

People will remember more of what you do than what you say. When we think about passing the flame of faith to others, what we say doesn't matter nearly as much as who we are. Who we are is determined by the thousands of little actions we take each day that make up our character.

Hebrews 13:1-8 confirms that an inspiring faith is made visible through concrete actions: hospitality, compassion, integrity, marital faithfulness, generosity and unwavering trust in God. Hebrews says that a leader's life and their outcome should be so attractive and appealing that others will want to imitate it. Whether a leader or not, a consistent, loving and persevering life of faith has multiplying power because it is attractive. This kind of practical faith becomes a guide for those around us—especially for the next generation.

Paul says to Timothy, "Set an example for the believers in speech, in conduct, in love, in faith and in purity" (Tim 4:12b). A life like this doesn't need to force influence—it attracts, shapes and transforms.

We live in a world searching for trustworthy role models. Faith lived authentically is a light others can follow. This faith is not based on fleeting emotions but on the unchanging character of Christ: "Jesus Christ is the same yesterday and today and forever" (Heb. 13:8).

Passing the flame is more than delegating responsibility—it is igniting hearts with the faith that sustains us. May our lives reflect a living, inspiring and contagious faith

PRAYER + CONTEMPLATION

1. Reflect on how your lifestyle communicates your faith to those who observe you, especially to the next generation and unbelievers.
2. Pray for wisdom and consistency to live a life of faith that is an example and a testimony. Pray that God would reveal to you any areas of your life that might need to change.
3. Pray for our young people and new disciples in CLG, that they may be strengthened by witnessing authentic faith lived out before them. Pray that our CLG faith-community will be a good witness of faith to the next generation and to those who don't yet believe.

NOTES + REFLECTION

